

Call for papers

Emerging risk factors for self-injury in youth in the current milieu of growing mental health crisis

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The interplay between mental health issues and self-injury in the evolving societal landscape among youth presents a multifaceted challenge that demands our attention. Rising rates of depression, anxiety, trauma-related symptoms, and emotional dysregulation continue to constitute core predictors, while newer influences—such as digital media exposure, cyberbullying, and online communities that may normalize self-harming behaviors—have intensified concern. Additionally, structural pressures including academic stress, social isolation, discrimination, and limited access to youth-appropriate mental health services contribute to heightened vulnerability.

This Collection intends exploring innovative methodologies and interdisciplinary approaches to uncover novel insights that inform targeted interventions. We invite researchers to contribute to this special Collection focused on emerging risk factors for self-injury, with a particular emphasis on mental health issues in youth.

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